

Hervey Bay Learning & Lifestyle Weekly Program



February 2025

Price guide for Learning and Lifestyle activities – NDIS funding

Based on group activities in a centre, community, weeknights and weekends.

- Group base weekdays in a centre – ratio 1:3
- One on one funding – ratio 1:1
- Group base Saturday's – ratio 1:3
- One on one Saturday's – ratio 1:1
- Group base evenings – ratio 1:3

Note: All prices under CORE funding. Some prices can differ when the category falls under CAPACITY BUILDING but are in line with the NDIA funding price guide.

JP and Bruce enjoying a beach day



Monday

**Morning Activities – Wii set up with bowling prior to 9am
Morning Stretch 9am-9:15am**

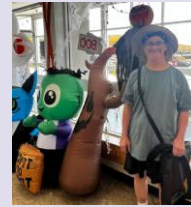
**9.15am
to
12.00pm**

**Volunteering at Animal
shelter**



Support ratio 1:3

**Men's Shed
Week 1**



\$40 yearly insurance/ \$2
p/w
Support ratio 1:3

Music week 2



Support ratio 1:3

Lunch Break 12.00pm-12.30pm

Post lunch break activities 12.30pm-1.00pm

**1:00pm
to
3:00pm
Maryborough**

Swimming



\$10.00 p/w
Support ratio 1:3

Cooking: Making Dinner



\$10 p/w
Support ratio 1:3

Tuesday

Morning Activities – Wii set up with bowling prior to 9am
Morning Stretch 9am-9:15am

9.15am
to
12.00pm
Hervey Bay

Baking



\$5.00 p/w
Support ratio 1:3

Sewing



Support ratio 1:3

Any 1:1 support can be catered for also



Lunch Break 12.00pm-12.30pm

Post lunch break activities 12.30pm-1.00pm

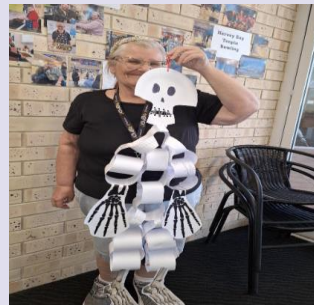
1.00pm
to
3.00pm

Ladies Social Club



\$5.00 p/w
Support Ratio 1:3

Craft



Support ratio 1:3

8 Ball pool



Support ratio 1:3
(Customer pays for any drinks)

Any 1:1 support can be catered for also



Wednesday

Morning Activities – Wii set up with bowling prior to 9am
Morning Stretch 9am-9:15am

9.15am
to
12.00pm
Hervey Bay

Walking Football at the
sports precinct
Week 1



\$10 p/w
Support ratio 1:3

Gardening at Botanic
Gardens
Week 2



Support Ratio

Any 1:1
support can be
catered for
also

NDVR
Endeavour
Foundation

\$5 BBQ Lunch at the park across from Beach House 12.00pm-1:00pm

Post lunch break activities 1pm-3pm

1.00pm
to
3.00pm
Hervey Bay

Karaoke



Support ratio 1:3

Reading and writing



Support ratio 1:3

Thursday

**Morning Activities – Wii set up with bowling prior to 9am
Morning Stretch 9am-9:15am**

**9.15am to
12.00pm
Maryborough
/Hervey Bay**

Women's Shed



\$40 yearly insurance/ \$10
p/w
Support ratio 1:3

**WODFIT
Fitness**



\$10 p/w
Support ratio 1:3

**Chatterbox
9am-11:30am**



Gold Coin p/w
Support ratio 1:3

Lunch Break 12.00pm-12.30pm

Post lunch break activities 12.30pm-1.00pm

**1.00pm
to
3.00pm**

Swimming



\$10 p/w
Support ratio 1:3

Reading and writing



Support ratio 1:3

**In Centre Activities: Customer
Choice**

NDVR
Endeavour
Foundation

Support ratio 1:3

Friday

Morning Activities – Wii set up with bowling prior to 9am and Morning Stretch

9.15am to
12.00pm
Hervey Bay

Painting



Support ratio 1:3

Lunch Preparation: Cooking

Lunch Included



\$10.00 p/w

Support ratio 1:3

Any 1:1 support
can be catered for
also



Lunch Break 12.00pm-12.30pm

Post lunch break activities 12.30pm-1.00pm

1.00pm
to
3.00pm
Hervey Bay

bowling



\$10.00 p/w
Support ratio 1:3

Monthly Friday Day Trips

As organized by events
committee



\$TBC
Support ratio 1:3


Customer Choice



Planned Day Trips Weather permitting and pending approvals

- December
- 16th - Christmas Cooking Made Easy Workshops - DIY Edible Gifts \$10 PP
- 20th – Endeavour Christmas Party – family welcome

Expression of interest forms will be sent out once more details are available. Mileage will be charged out of core funding as usual for use of service vehicle split between all people travelling



Program Outlines

Activity	Description	Outcome
Kitchen Skills	<p>Customers will participate in a range of practical activities to prepare simple lunch meals. Meals Include; Ham & Pineapple Muffin Pizza, Buffalo cheese salad, BLT sandwich, Ham & Egg salad, Cheese dog, Hummus & Vegetable sandwich, Egg salad sandwich and many more. Recipes vary from Lunch meal prep to Dinner meal prep <i>Workbook available</i></p>	<ul style="list-style-type: none"> • Use a range of tools and equipment to prepare food • Demonstrate hygienic and safe practices in the kitchen • Select, handle and preparation of food when making basic breakfast meals • Complete a shopping list of items required to prepare each meal • Demonstrate basic literacy & numeracy skills.
Pottery and Mosaic	<p>Learn a variety of techniques that are required for the completion of pottery and mosaics. <i>Workbook available</i></p>	<ul style="list-style-type: none"> • Discuss qualities of artwork such as subject matter & techniques • Recognise that artists create artworks for different purposes • Make art projects by assembling materials in a variety of ways • Experiment with a range of media in selected forms • Communicate their ideas about pictures and other kinds of artworks
Computer Skills (New News)	<p>In this module customers will learn the basic functions of a computer as well as the ergonomic considerations when working at a computer. Functions include; Opening and closing the program, saving and printing, applying and changing font size, style & colour, inserting and resizing graphics and adding a page boarder. Levels increase as you learn. <i>Workbook available.</i></p>	<ul style="list-style-type: none"> • Use safe work practices to ensure ergonomic and work organisation requirements are met • Explore the functions and features of a computer • Identify document purpose, audience and presentation requirements • Format documents using appropriate software functions to adjust layout • Send emails and learn about internet safety. • Demonstrate basic literacy skills.
Barista Training and coffee Shop	<p>In this module customers will look at the origins of coffee beans and the popularity of coffee all over the world. Students will explore and participate in all the steps required to become a successful Barista. Working also in an operating coffee shop. <i>Workbook available.</i></p>	<ul style="list-style-type: none"> • Discuss the roles of a Barista • Explore the origin of coffee and the difference between Arabica and Robusta beans • Investigate the bean harvesting and processing methods • Discuss work-area hazards and work hygiene practices • Explore and demonstrate the coffee making process including; grinding, packing, tamping and extracting. And work in the coffee shop. • Analyse and discuss the difference between good & bad coffee • Discuss and demonstrate milk tamping and the various milk options currently available

Modules – categorised under key learning areas



- Meal prep breakfast
- Meal prep lunch
- First aid basics
- Banking ATM
- Pedestrian safety
- Bus safety
- Dental hygiene
- Relationships
- Domestic Skills – house keeping
- Domestic Skills – folding clothes
- Money & Budgeting 1-3
- Goal Setting 1,2
- Behind the news
- Weather 1,2
- Personal Relationships
- Waste Management



- Orientation & Safety
- Supported Employee Induction
- Deliver a Service to a Customer
- Work Readiness 1
- Safe Food Practices
- Barista Training



- Woodwork 1



- Baking – Pastry
- Baking – Cakes
- Craft
- Art



- Health Choices
- Healthy Mind



- Photography iPad
- Produce simple word processing documents
- Robotics
- 3D Printing
- iPad Basics



- Comprehension 1-7
- Writing 1-6
- Talking & Listening 1-8
- Spelling 1-4
- Numeracy Basics 1
- Numeracy 0.1 – 0.3
- Numeracy 1.1 – 1.3
- Numeracy 2.1 – 2.4
- Numeracy 3.1 – 3.4



- Gardening
- Science Experiments 1,2

Hope this has assisted you!

**Please call Matt Ward on 0456 892 431
or email matthew.ward@endeavour.com.au
for any inquiries.**

**Look forward to hearing from you to discuss
support options**

