

What's on at Kingston L&L

March 2025



Monday	Tuesday	Wednesday	Thursday	Friday
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03/03/2025

04/03/2025

05/03/2025

06/03/2025

07/03/2025

9am – 12pm

<p>Park visit, stretch & walk Take morning tea</p> <p>Recreation </p> <p>Garden care Thrive @ Life </p> <p>Life skills Foundations </p>	<p>Café drink out \$10.00 Take morning tea</p> <p>Social engagement </p> <p>Talent show preparations </p> <p>Passion & hobbies </p>	<p>COMMUNITY OPEN DAY – Activities & BBQ lunch will be provided</p> <p>Special events </p>	<p>Thrive @ Life </p> <p>Foundations </p> <p>Swimming \$7.00 Recreation </p>	<p>Park visit, stretch & walk Take morning tea out</p> <p>Recreation </p> <p>Meal Prep. Lunch provided \$5.00 Life skills </p>
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Lunch (12pm – 1pm)

12pm – 2.00pm

<p>Messy sensory \$2.00 Special events </p> <p>Sports & Rec Art and craft </p> <p>Recreation Passion & hobbies </p>	<p>Thrive @ Life Thrive @ Life </p> <p>Foundations Technology </p> <p>Centre Based Karaoke </p> <p>Social engagement </p>	<p>Clean Up & Meditation time</p> <p>Passion & hobbies </p>	<p>Baking \$3.00 Life skills </p> <p>Sports & Rec Art and craft </p> <p>Recreation Passion & hobbies </p>	<p>Car care Centre reset </p> <p>Life skills Life skills </p> <p>Movie marathon </p>
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What's on at Kingston L&L

March 2025

Monday

10/03/2025

8am – 12pm

Park visit, stretch & walk

Take morning tea



Garden care



Thrive @ Life



Tuesday

11/03/2025

Eagleby Dance
\$7.00



Arts & craft



Wednesday

12/03/2025

Meditation time



Bowling
\$7.00



Thursday

13/03/2025

Thrive @ Life



Swimming
\$7.00



Friday

14/03/2025

Park visit, stretch & walk

Take morning tea



Meal Prep.
Lunch provided
\$5.00



Lunch (12pm – 1pm)

1pm – 2.00pm

Baking
\$3.00



Thrive @ Life



Getting job ready



Messy sensory



Baking
\$3.00



Car care



Centre reset



Sports and rec



Centre Based Boardgames



Garden care



IT skills building



Sport and rec



Movie marathon



What's on at Kingston L&L

March 2025



Monday	Tuesday	Wednesday	Thursday	Friday
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17/03/2025

18/03/2025

19/03/2025

20/03/2025

21/03/2025

9am – 12pm

<p>Park visit, stretch & walk Take morning tea</p> <p>Recreation </p> <p>Garden care </p> <p>Thrive @ Life </p>	<p>Café drink out \$10.00 Take morning tea</p> <p>Social engagement </p> <p>Talent show preparations </p>	<p>Thrive @ Life </p> <p>Talent show prep! </p> <p>Bowling \$7.00 </p>	<p>Discover Brisbane! Roma Street Parklands offer amazing free guided tours through the beautiful gardens</p> <p>Special events </p> <p>If you don't wish to attend, we will offer center-based activities. Please let us know prior</p>	<p>Park visit, stretch & walk Take morning tea out</p> <p>Recreation </p> <p>Meal Prep. Lunch provided \$5.00 </p>
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Lunch (12pm – 1pm)

12pm – 2.00pm

<p>Messy sensory \$2.00 </p> <p>Sports & Rec </p> <p>Art and craft </p>	<p>Thrive @ Life </p> <p>Thrive @ Life </p> <p>Centre Based Karaoke </p>	<p>Thrive @ Life </p> <p>Garden care </p> <p>Meditation time </p>	<p>Discover Brisbane!</p> <p>Special events </p>	<p>Car care </p> <p>Centre reset </p> <p>Movie marathon </p>
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What's on at Kingston L&L

March 2025



Monday	Tuesday	Wednesday	Thursday	Friday
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24/03/2025

25/03/2025

26/03/2025

27/03/2025

28/03/2025

9am – 12pm

<p>Park visit, stretch & walk Take morning tea</p> <p>Recreation </p>	<p>Eagleby Dance \$7.00</p> <p>Social engagement </p>	<p>Meditation time</p> <p>Special events </p>	<p>Thrive @ Life</p> <p>Foundations </p>	<p>Park visit, stretch & walk Take morning tea</p> <p>Recreation </p>
<p>Garden care </p> <p>Thrive @ Life </p>	<p>Arts & craft</p> <p>Passion & hobbies </p>	<p>Bowling \$7.00</p> <p>Social engagement </p>	<p>Swimming \$7.00</p> <p>Recreation </p>	<p>Meal Prep. Lunch provided \$5.00</p> <p>Life skills </p>

Lunch (12pm – 1pm)

12pm – 2.00pm

<p>Baking \$3.00</p> <p>Life skills </p>	<p>Thrive @ Life </p> <p>Foundations </p> <p>Getting job ready Employment </p>	<p>Messy sensory \$2.00</p> <p>Special events </p>	<p>Baking \$3.00</p> <p>Life skills </p>	<p>Car care </p> <p>Centre reset </p>
<p>Sports and rec</p> <p>Recreation </p>	<p>Centre Based Boardgames</p> <p>Social engagement </p>	<p>Garden care </p> <p>IT skills building Technology </p>	<p>Sport and rec</p> <p>Recreation </p>	<p>Movie marathon</p> <p>Special events </p>