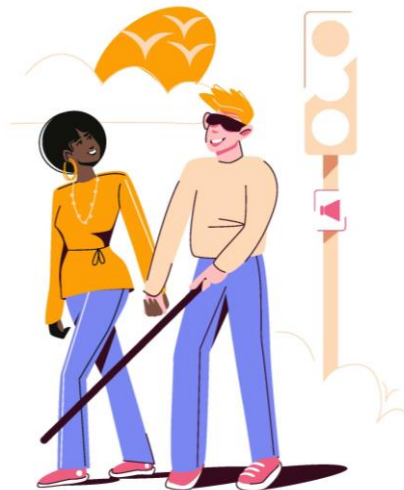




# Endeavour Foundation

## Mermaid Waters Learning & Lifestyle Program Calendar



April, May, June 2024

July 2024

Week 1/4

Mon, 1 July

Tue, 2 July

Wed, 3 July

Thu, 4 July

Fri, 5 July

8:00 - 9:30

Household Responsibilities; Morning Tea; Morning Thrive Session

Morning Session



Public Holiday:  
Easter Monday



Vehicle  
Check Over



Special events  
First Response  
WH&S Safety  
&  
First Aid Training  
Day



Recreation  
Fishing &  
Park Outing



Passion & hobbies  
Photography



Passion & hobbies  
Battle of the  
Bands Practice



Social engagement  
Pen Pals



Social engagement  
Coffee Critics &  
Review Writing  
• \$10



Healthy  
Scenic Strength  
+ Cardio at the  
park



Recreation  
Centre Based  
Games

No Crossroads  
Today



Social engagement  
Centre Outing  
Hosanna Farmstay  
With Labrador L&L  
• \$15  
• BBQ  
• Animal Feeding  
• Waterslide

Afternoon Session



Foundations  
Thrive Session



Passion & hobbies  
Kylie's  
Ceramics  
Class



Social engagement  
Cafe Review  
Writing



Life skills  
Sensory  
Exploration






























Special events  
VR Unveil



Technology  
Virtual Reality

July 2024

Week 2/4	Mon, 8 July	Tue, 9 July	Wed, 10 July	Thu, 11 July	Fri, 12 July
8:00 - 9:30	Household Responsibilities; Morning Tea; Morning Thrive Session				
Morning Session	 <b>Centre &amp; Personal Shopping</b>	 <b>Twin Towns: Back to Tivoli</b> • \$15	 <b>Battle of the Bands Rehearsal</b>	 <b>Zumba Gold &amp; Picnic</b> • \$6 (Cash Only)	 <b>Crossroads</b> • \$40
	 <b>Bowling</b> • \$7.50	 <b>Sailability</b> • \$15	 <b>Round Robin Athletic Games</b>	 <b>Scenic Strength &amp; Cardio at the Park</b>	 <b>Lunch Outing</b> Please Bring: • \$20-\$25 • Morning Tea
	 <b>Healing Hooves</b> 10:30am • \$12	 <b>Rainforest Walk</b>	 <b>Theme Parks</b> Please Bring: • Pass • Picnic Lunch	 <b>Water Therapy</b> Please Bring: • Swimwear • \$5	
		 <b>Craft</b> • \$5	 <b>Car Wash / Maintenance</b>	 <b>Craft</b> • \$5	
Afternoon Session	 <b>Ladies Group</b>	 <b>Recycling &amp; Containers for Change</b>	 <b>Language &amp; Culture Studies</b>	 <b>Slide Show Creation</b>	 <b>Mindful Colouring</b>
	 <b>Mens Group</b>	 <b>Thrive</b>	 <b>Sensory Skills &amp; Engagement</b>	 <b>Memory Games &amp; Puzzles</b>	 <b>Group Discussion</b>

July 2024

Week 3/4

Mon, 15 July

Tue, 16 July

Wed, 17 July

Thu, 18 July

Fri, 19 July

8:00 - 9:30

Household Responsibilities; Morning Tea; Morning Thrive Session

Morning Session



Centre & Personal Shopping



Twin Towns: Viva Pavarotti  
• \$10



Travel Training  
Please Bring:  
• Go Card  
• \$15



Movie Buffs: Cinema Outing & Movie Review  
• \$15



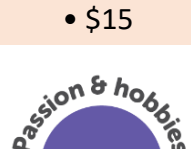
Crossroads  
• \$40



African Drumming  
10:30am



Craft  
• \$5



Photography



Scenic Strength + Cardio at the park  
Moana Park



Picnic Outing  
Please Bring:  
• Morning Tea  
• Lunch



Penpals / Cardmaking



Chair Yoga / Tai Chi @ the Centre



Lawn Bowls  
Moana Park  
• \$10



Centre Based Games



Scrapbooking

Afternoon Session



Round Robin Athletic Games



Service User Meeting



Pen Pals



Comedy Club



Meditation Relaxation



Craft  
• \$5



Non-Verbal Communication



Kylie's Ceramics Class



Craft  
• \$5



Group Discussion

April 2024

Week 4/4

Mon, 22 July

Tue, 23 July

Wed, 24 July

Thu, 25 July

Fri, 26 July

8:00 - 9:30

Household Responsibilities; Morning Tea; Morning Thrive Session

Morning Session



Centre & Personal Shopping



Lego / Model Shopping



Healing Hooves  
11:30am  
• \$12



Table Tennis



Sailability  
• \$15



Op Shopping



Lego & Model Building



Beach Walk



Battle of the Bands Rehearsal



Round Robin Athletic Games



Healthy Baking  
• \$3



Public Holiday:  
ANZAC DAY



Crossroads  
• \$40



Lunch Outing  
Please Bring:  
• \$20-\$25  
• Morning Tea

Afternoon Session



Science Experiments / Discussions



Thrive First Aid Training Recap



Ladies Group



Mens Group



Language & Culture Studies



Sensory Skills & Engagement

























Mindful Colouring














































Group Discussion



May 2024

Week 1/4	May 2024				
	Mon, 29 July	Tue, 30 July	Wed, 31 July	Thu, 1 August	Fri, 2 August
8:00 - 9:30	Household Responsibilities; Morning Tea; Morning Thrive Session				
Morning Session	<p><b>Life skills</b></p>  <p><b>Centre &amp; Personal Shopping</b></p>	 <p><b>Vehicle Check Over &amp; Carwash</b></p>	<p><b>Recreation</b></p>  <p><b>Fishing &amp; Park Outing</b></p>	<p><b>Social engagement</b></p>  <p><b>Coffee outing</b> • \$10</p>	<p><b>Social engagement</b></p>  <p><b>Crossroads</b> • \$40</p>
	<p><b>Life skills</b></p>  <p><b>Travel Training</b> <u>Please Bring:</u> • Go Card • \$15</p>	<p><b>Special events</b></p>  <p><b>First Response WH&amp;S Safety &amp; First Aid Training Day</b></p>	<p><b>Life skills</b></p>  <p><b>Healthy Lunch Club Cooking</b> • \$5</p>	<p><b>Healthy</b></p>  <p><b>Scenic Strength + Cardio at the park</b></p>	<p><b>Social engagement</b></p>  <p><b>Picnic Outing</b> <u>Please Bring:</u> • Morning Tea • Lunch</p>
	<p><b>Passion &amp; hobbies</b></p>  <p><b>Healing Hooves</b> <b>11:30am</b> • \$12</p>		<p><b>Passion &amp; hobbies</b></p>  <p><b>Animal Welfare League Visit</b></p>	<p><b>Recreation</b></p>  <p><b>Centre Based Games</b></p>	
Afternoon Session	<p><b>Passion &amp; hobbies</b></p>  <p><b>Megan's Craft Class</b></p>		<p><b>Foundations</b></p>  <p><b>Thrive</b></p>	<p><b>Social engagement</b></p>  <p><b>Comedy Club</b></p>	<p><b>Recreation</b></p>  <p><b>Meditation Relaxation</b></p>
	<p><b>Recreation</b></p>  <p><b>Ball Games</b></p>		<p><b>Passion &amp; hobbies</b></p>  <p><b>Art &amp; Craft Jewellery Making</b></p>	<p><b>Passion &amp; hobbies</b></p>  <p><b>Craft</b> • \$5</p>	<p><b>Social engagement</b></p>  <p><b>Group Discussion</b></p>

Week 2/4		August 2024				
		Mon, 5 August	Tue, 6 August	Wed, 7 August	Thu, 8 August	Fri, 9 August
8:00 - 9:30		Household Responsibilities; Morning Tea; Morning Thrive Session				
Morning Session	  <b>Public Holiday:</b> Labour Day	 <b>Special events</b> <b>Twin Towns:</b> The Great Tenors • \$10	 <b>Passion &amp; hobbies</b> <b>Mens / Ladies Group</b>	 <b>Healthy</b> <b>Zumba Gold &amp; Picnic</b> • \$6 (Cash Only)	 <b>Social engagement</b> <b>Crossroads</b> • \$40	
		 <b>Life skills</b> <b>Centre &amp; Personal Shopping</b>	 <b>Recreation</b> <b>GOLF:</b> Driving Range or Minigolf • \$10	 <b>Healthy</b> <b>Scenic Strength + Cardio at the park</b>	 <b>Social engagement</b> <b>Lunch Outing</b> <u>Please Bring:</u> • \$20-25 • Morning Tea	
Afternoon Session		 <b>Recreation</b> <b>Sailability</b> • \$15	 <b>Life skills</b> <b>Travel Training</b> <u>Please Bring:</u> • Go Card • \$15	 <b>Recreation</b> <b>Water Therapy</b> <u>Please Bring:</u> • Swimwear • \$5		
			 <b>Passion &amp; hobbies</b> <b>Craft</b> • \$5			
		 <b>Life skills</b> <b>Recycling &amp; Containers For Change</b>	 <b>Foundations</b> <b>Language and culture studies</b>	 <b>Passion &amp; hobbies</b> <b>Slideshow Creation</b>	 <b>Passion &amp; hobbies</b> <b>Mindful Colouring</b>	
		 <b>Foundations</b> <b>Auslan With Chloe</b>	 <b>Life skills</b> <b>Sensory Skills &amp; Engagement</b>	 <b>Recreation</b> <b>Memory Games &amp; Puzzles</b>	 <b>Social engagement</b> <b>Group Discussion</b>	

Week 3/4	August 2024				
	Mon, 12 August	Tue, 13 August	Wed, 14 August	Thu, 15 August	Fri, 16 August
8:00 - 9:30	Household Responsibilities; Morning Tea; Morning Thrive Session				
Morning Session	<p><b>Life skills</b></p>  <p><b>Centre &amp; Personal Shopping</b></p>	<p><b>Special events</b></p>  <p><b>Centre Outing:</b>  <b>Hosanna Farmstay</b></p> <ul style="list-style-type: none"> <li>• BBQ Lunch</li> <li>• Animal Feeding</li> <li>• Waterslide</li> <li>• Bring Swimmers</li> </ul> <p><b>• \$15</b></p>	<p><b>Recreation</b></p>  <p><b>Fishing &amp; Park Outing</b></p>	<p><b>Social engagement</b></p>  <p><b>Movie Buffs:</b>  <b>Cinema Outing &amp; Movie Review</b></p> <p><b>• \$15</b></p>	<p><b>Social engagement</b></p>  <p><b>Crossroads</b></p> <p><b>• \$40</b></p>
	<p><b>Life skills</b></p>  <p><b>Healthy Baking</b></p> <p><b>• \$3.00</b></p>		<p><b>Life skills</b></p>  <p><b>Healthy Lunch Club</b></p> <p><b>• \$5.00</b></p>	<p><b>Healthy</b></p>  <p><b>Headland Beach Walk</b></p>	<p><b>Social engagement</b></p>  <p><b>Picnic Outing</b></p> <p><b>Please Bring:</b></p> <ul style="list-style-type: none"> <li>• Morning Tea</li> <li>• Lunch</li> </ul>
	<p><b>Recreation</b></p>  <p><b>Bowling</b></p> <p><b>• \$7.50</b></p>		<p><b>Passion &amp; hobbies</b></p>  <p><b>Kylie's Ceramics Class</b></p> <p><b>• \$5</b></p>	<p><b>Recreation</b></p>  <p><b>Centre Beach Games</b></p>	
	<p><b>Passion &amp; hobbies</b></p>  <p><b>Healing Hooves</b></p> <p><b>11:30am</b></p> <p><b>• \$12</b></p>		<p><b>Recreation</b></p>  <p><b>Cycling Without Age (Small Group)</b></p>		
Afternoon Session	<p><b>Healthy</b></p>  <p><b>Round Robin Athletic Games</b></p>		<p><b>Passion &amp; hobbies</b></p>  <p><b>Scrapbooking &amp; Paper Craft</b></p>	<p><b>Social engagement</b></p>  <p><b>Karaoke</b></p>	<p><b>Recreation</b></p>  <p><b>Meditation Relaxation</b></p>
	<p><b>Passion &amp; hobbies</b></p>  <p><b>Megan's Craft Class</b></p>		<p><b>Healthy</b></p>  <p><b>Chair Yoga / Tai Chi @ the Centre</b></p>	<p><b>Passion &amp; hobbies</b></p>  <p><b>Craft</b></p> <p><b>• \$5</b></p>	<p><b>Social engagement</b></p>  <p><b>Group Discussion</b></p>





May 2024

Week 4/4

Mon, 19 August

Tue, 20 August

Wed, 21 August

Thu, 22 August

Fri, 23 August

8:00 - 9:30

Household Responsibilities; Morning Tea; Morning Thrive Session

Morning Session

Life skills



Centre & Personal Shopping

Passion & hobbies



African Drumming

Life skills



Baking  
• \$3



Science Experiments / Discussions

Special events



Twin Towns: British Songbook  
• \$10

Recreation



Sailability  
• \$15

Healthy



Rainforest or Beach Walk

Passion & hobbies



Mens & Ladies Groups

Recreation



Cycling Without Age (Small Group)

Recreation



Bowling  
• \$7.50

Healthy



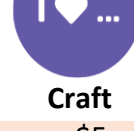
Zumba Gold & Picnic  
• \$6 (Cash Only)

Recreation



Golf: Driving Range or Minigolf  
• \$10

Passion & hobbies



Craft  
• \$5

Social engagement



Crossroads  
• \$40

Social engagement



Lunch Outing  
Please Bring:  
• \$20-\$25  
• Morning Tea

Afternoon Session

Foundations



Service User Meeting

Life skills



Recycling & Containers for Change

Foundations



AUSLAN with Chloe

Foundations



World Language & Culture Studies  
German with Karin

Life skills



Sensory Skills & Engagement

Passion & hobbies



Drama / Charades

Recreation



Memory Games & Puzzles

Passion & hobbies









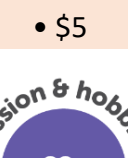

















Mindful Colouring

Social engagement








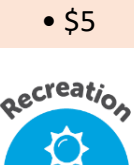





















Group Discussion












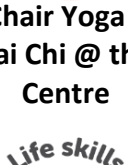



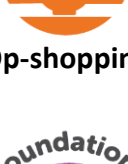










May 2024

Week 1/4	May 2024				
	Mon, 26 August	Tue, 27 August	Wed, 28 August	Thu, 29 August	Fri, 30 August
8:00 - 9:30	Household Responsibilities; Morning Tea; Morning Thrive Session				
Morning Session	 <p><b>Centre &amp; Personal Shopping</b></p>	 <p><b>Twin Towns: Nostalgia</b> • \$10</p>	 <p><b>Travel Training</b> <u>Please Bring:</u> • Go Card • \$5</p>	 <p><b>Coffee outing</b> • \$10-15</p>	 <p><b>Crossroads</b> • \$40</p>
	 <p><b>Bowling</b> • \$7.50</p>		 <p><b>Photography</b></p>	 <p><b>Scenic Strength + Cardio at the park</b></p>	 <p><b>Picnic Outing</b> <u>Please Bring:</u> • Morning Tea • Lunch</p>
	 <p><b>Healing Hooves</b> 11:30am • \$10</p>	 <p><b>Baking for International Women's Day</b></p>	 <p><b>Beach Walk &amp; Scavenger Hunt</b></p>	 <p><b>Centre Based Games</b></p>	
	 <p><b>Baking</b> • \$3</p>				
Afternoon Session	 <p><b>Library Visit Book Club</b></p>	 <p><b>Round Robin Athletic Games</b></p>	 <p><b>Thrive</b></p>	 <p><b>Drama / Karaoke</b></p>	 <p><b>Meditation Relaxation</b></p>
	 <p><b>Easter craft</b> • \$5 per week</p>	 <p><b>Non-Verbal Communication &amp; Battle of the Bands</b></p>	 <p><b>Bingo</b></p>	 <p><b>Easter craft</b> • \$5 per week</p>	 <p><b>Group Discussion</b></p>

September 2024

Week 2/4	September 2024				
	Mon, 2 September	Tue, 3 September	Wed, 4 September	Thu, 5 September	Fri, 6 September
8:00 - 9:30	Household Responsibilities; Morning Tea; Morning Thrive Session				
Morning Session	 <p><b>Life skills</b> Centre &amp; Personal Shopping</p>	 <p><b>Recreation</b> Sailability • \$15</p>	 <p><b>Life skills</b> Travel Training Please Bring: • Go Card • \$5</p>	 <p><b>Healthy</b> Zumba Gold &amp; Picnic • \$6 (Cash Only)</p>	 <p><b>Social engagement</b> Crossroads • \$40</p>
	 <p><b>Life skills</b> Travel Training Please Bring: • Go Card • \$5</p>	 <p><b>Passion &amp; hobbies</b> Craft • \$5 per week</p>	 <p><b>Recreation</b> Cycling @ the Spit 3 Customer 1 Staff 10:45am</p>	 <p><b>Recreation</b> Centre Based Games</p>	 <p><b>Social engagement</b> Lunch Outing Please Bring: • \$20-\$25 • Morning Tea</p>
	 <p><b>Healthy</b> Centre Based Chair Yoga</p>  <p><b>Passion &amp; hobbies</b> Karaoke</p>	 <p><b>Healthy</b> Rainforest Walk</p>  <p><b>Technology</b> Technology: iPad &amp; Virtual Reality</p>	 <p><b>Healthy</b> Beach Walk &amp; Scavenger Hunt</p>  <p><b>Passion &amp; hobbies</b> Kylie's Ceramics • \$5 per week</p>	 <p><b>Healthy</b> Scenic Strength and Cardio</p>	
Afternoon Session	 <p><b>Passion &amp; hobbies</b> Megan's craft Class • \$5 per week</p>	 <p><b>Healthy</b> Round Robin Athletic Games</p>	 <p><b>Foundations</b> Service User Meeting</p>	 <p><b>Special events</b> Talent Show Preparation</p>	 <p><b>Passion &amp; hobbies</b> Mindful Colouring</p>
	 <p><b>Social engagement</b> Non-Verbal Communication</p>	 <p><b>Foundations</b> Auslan with Chloe</p>	 <p><b>Special events</b> Talent Show Preparation</p>	 <p><b>Passion &amp; hobbies</b> Craft • \$5 per week</p>	 <p><b>Social engagement</b> Group Discussion</p>

September 2024

Week 3/4	September 2024				
	Mon, 9 September	Tue, 10 September	Wed, 11 September	Thu, 12 September	Fri, 13 September
	8:00 - 9:30 Household Responsibilities; Morning Tea; Morning Thrive Session				
Morning Session	 <p><b>Centre &amp; Personal Shopping</b></p>	 <p><b>Twin Towns:</b> Issi Dye - The Legends of Rock &amp; Roll • \$10</p>	 <p><b>Cycling @ the Spit</b> 3 Customer 1 Staff 10:45am</p>	 <p><b>Movie Buffs:</b> <b>Cinema Outing &amp; Movie Review</b> • \$15</p>	 <p><b>Crossroads</b> • \$40</p>
	 <p><b>Bowling</b> • \$7.50</p>	 <p><b>Chair Yoga / Tai Chi @ the Centre</b></p>	 <p><b>Kylie's Ceramics</b> • \$5 per week</p>	 <p><b>Centre Based Games</b></p>	 <p><b>Picnic Outing</b> <u>Please Bring:</u> • Morning Tea • Lunch</p>
	 <p><b>Baking</b> • \$5</p>	 <p><b>Op-shopping</b></p>	 <p><b>Healthy Lunch Club</b> • \$5</p>	 <p><b>Scenic Strength + Cardio at the park</b></p>	
	 <p><b>Healing Hooves</b> 11:30am • \$10</p>	 <p><b>Environmental Enthusiasts</b></p>			
Afternoon Session	 <p><b>Vehicle Upkeep</b></p>	 <p><b>Round Robin Athletic Games</b></p>	 <p><b>World Language &amp; Culture Studies</b></p>	 <p><b>Drama / Karaoke</b></p>	 <p><b>Meditation Relaxation</b></p>
	 <p><b>Talent Show Preparation</b></p>	 <p><b>Talent Show Preparation</b></p>	 <p><b>Library Book Club</b></p>	 <p><b>Craft</b> • \$5 per week</p>	 <p><b>Group Discussion</b></p>

September 2024

Week 4/4

Mon, 16 September

Tue, 17 September


























Wed, 18 September

Thu, 19 September

Fri, 20 September
























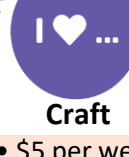

8:00 - 9:30

Household Responsibilities; Morning Tea; Morning Thrive Session

Morning Session	 <b>Life skills</b> Centre & Personal Shopping	 <b>Special events</b> Twin Towns: Back to Tivoli • \$15	 <b>Recreation</b> Cycling @ the Spit 3 Customer 1 Staff 10:45am	 <b>Healthy</b> Zumba Gold & Picnic • \$6 (Cash Only)	 <b>Social engagement</b> Crossroads • \$40
	 <b>Passion &amp; hobbies</b> African Drumming	 <b>Recreation</b> Sailability • \$15	 <b>Healthy</b> Beach Walk & Scavenger Hunt	 <b>Recreation</b> Centre Based Games	 <b>Social engagement</b> Lunch Outing Please Bring: • \$20-\$25 • Morning Tea
	 <b>Healthy</b> Centre Based Chair Yoga	 <b>Passion &amp; hobbies</b> Craft • \$5 per week	 <b>Passion &amp; hobbies</b> Kylie's Ceramics • \$5 per week	 <b>Healthy</b> Scenic Strength and Cardio	
		 <b>Technology</b> iPad & Virtual Reality			
Afternoon Session	 <b>Passion &amp; hobbies</b> Megan's craft Class • \$5 per week	 <b>Special events</b> Talent Show Preparation	 <b>Foundations</b> World Language & Culture Studies German with Karin	 <b>Special events</b> Talent Show Preparation	 <b>Passion &amp; hobbies</b> Mindful Colouring
	 <b>Social engagement</b> Non-Verbal Communication	 <b>Foundations</b> Auslan with Chloe	 <b>Life skills</b> Sensory Skills & Engagement	 <b>Passion &amp; hobbies</b> Craft • \$5 per week	 <b>Social engagement</b> Group Discussion



September 2024

Week 1/4	September 2024				
	Mon, 23 September	Tue, 24 September	Wed, 25 September	Thu, 26 September	Fri, 27 September
8:00 - 9:30	Household Responsibilities; Morning Tea; Morning Thrive Session				
Morning Session	 <p><b>Life skills</b> Centre &amp; Personal Shopping</p>	 <p><b>Special events</b> Twin Towns: The Long &amp; Short of It • \$10</p>	 <p><b>Recreation</b> Cycling @ the Spit 3 Customer 1 Staff 10:45am</p>	 <p><b>Social engagement</b> Fish 'n' Chips By the Beach • \$15</p>	 <p><b>Social engagement</b> Crossroads • \$40</p>
	 <p><b>Recreation</b> Bowling • \$7.50</p>	 <p><b>Healthy</b> Chair Yoga / Tai Chi @ the Centre</p>	 <p><b>Passion &amp; hobbies</b> Kylie's Ceramics • \$5 per week</p>	 <p><b>Recreation</b> Centre Based Games</p>	 <p><b>Social engagement</b> Picnic Outing <u>Please Bring:</u> • Morning Tea • Lunch</p>
	 <p><b>Healthy</b> Baking • \$5</p>	 <p><b>Life skills</b> Op-shopping</p>	 <p><b>Healthy</b> Healthy Lunch Club • \$5</p>	 <p><b>Healthy</b> Scenic Strength + Cardio at the park</p>	
		 <p><b>Foundations</b> Environmental Enthusiasts</p>			
Afternoon Session	 <p><b>Passion &amp; hobbies</b> Slideshow Creation</p>	 <p><b>Healthy</b> Round Robin Athletic Games</p>	 <p><b>Foundations</b> World Language &amp; Culture Studies</p>	 <p><b>Special events</b> Talent Show Preparation</p>	 <p><b>Recreation</b> Meditation Relaxation</p>
	 <p><b>Passion &amp; hobbies</b> Karaoke</p>	 <p><b>Social engagement</b> Non-Verbal Communication &amp; Battle of the Bands</p>	 <p><b>Special events</b> Talent Show Preparation</p>	 <p><b>Passion &amp; hobbies</b> Craft • \$5 per week</p>	 <p><b>Social engagement</b> Group Discussion</p>