

Monday

Redcliffe L&L Activity Calendar Monday 20th September – Friday 20th December 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 2 Shopping & Baking (Ford)
\$10

Bring a container to take food home
Nil cost if baking for centre



Week 1 & 2 Men's Shed (wk 1 Ford wk 2 iMax)
\$2



Please bring hat, sunscreen and sun safe long sleeve shirt.

Week 2 Centre meeting powerpoint prep



Week 2 Gardening



Please bring a hat and sunscreen

Week 1 & 2 Stocktake and centre shopping (Wk 1 iMax wk 2 Hiace)

It's time to take stock...



Week 1 & 2 Diamond Art (purchase our own art work)



Week Photography for exhibition



Week 2 Healthy relationships



Week 1 Healthy living/Yarn circle



Week 1 & 2 Bowling \$7.60 (wk1 Hiace wk2 Ford)



Week 1 Pool Competition



Week 2 Vehicle maintenance



Week 1 Newsletter



Week 1 Story writing/IT



Week 2 Story writing/IT



Tuesday

Redcliffe L&L Activity Calendar Monday 20th September – Friday 20th December 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 1 & 2 Shopping and Cooking (wk1 iMax, wk 2 Hiace)

\$10



Morning Tea

- Meal Prep
- Cooking/Recipe book



Week 1 Centre maintenance/Recycling



Week 1 & 2 City Hall concerts (Ford) Go Card and bring lunch



Week 2 Fishing \$5 (Hiace)

Bring lunch/water bottle, hat, sunscreen, sunglasses



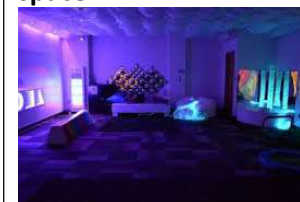
Week 1 & 2 Thrive



Week 2 Photography (iMax)



Week 2 Relaxation/Sensory space



Week 2 Sewing: cost dependant on item being made.



Week 1 & 2 Photography (iMax)



Bring a hat, sunscreen and water bottle

Week 1 & 2 Cooking continued

- Cleaning
- Nutrition
- Meal planning



Week 1 Library (iMax)



Week 2 Fundraising



Week 1 & 2 Leagues club (wk 1 iMax, wk 2 Hiace)

\$25



Week 1 Frames for photography exhibition



Week 2 Fundraising



Week 2 Library (iMax)



Wednesday

Redcliffe L&L Activity Calendar Monday 20th September – Friday 20th December 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 1 & 2 Sewing
Cost dependant on what is being made



Week 1 Bowling (Hiace)
\$6



Morning tea in the park
Bring a hat, sunscreen and water bottle

Week 2 Community leisure & exercise (Hiace)



Bring a hat, sunscreen and water bottle

Week 1 & 2 Craft
Cost dependant on the activity



Week 1 & 2 Shopping and Cooking (Ford)
\$10



Morning Tea

- Meal Prep
- Cooking/Recipe book



Week 2 Community Exploration
\$10
Via public transport
Go Card and Companion Card



Bring a hat, sunscreen and water bottle

Week 1 & 2 Band and games



Week 1 & 2 Library
(wk 1 Ford wk 2 iMax)



Week 1 Photo editing



Thursday

Redcliffe L&L Activity Calendar Monday 20th September – Friday 20th December 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 1& 2 Sewing
Nil cost if project is for the centre



Week 1 Op shopping for photography exhibition (iMax)



Week 1 Photography exhibition interviews



Week 1 & 2 - Men's Shed (Ford)
\$2



Please bring hat, sunscreen and sun safe long sleeve shirt.

Week 1 Meditation at Lovelight Temple(9am-10am) then morning tea on the esplanade
\$10 (Hiace)



Week 2 Meditation by the sea (iMax)
Bring hat, sunscreen, sunglasses, water bottle



Week 2 Fun science and weird facts



Week 1 & 2 Games afternoon



Week 1& 2 Pool competition



Friday

Redcliffe L&L Activity Calendar Monday 20th September – Friday 20th December 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day.

Week 1 Fishing \$5
BBQ lunch \$10
(Ford)



Bring a hat, sunscreen, morning tea and lunch if not having BBQ, water bottle

Week 2 Swimming & Lunch out
\$5 swimming
(Ford)



Week 1 Shopping and BBQ
\$10 (Hiace)



Week 1 Xmas craft



Week 2 Interactive whiteboard/IT



Week 2 Exploring Moreton Bay
(Hiace)



Bring a hat, sunscreen, morning tea and lunch, water bottle

Week 1 Leagues Club for music and lunch (iMax) \$25



