

Hervey Bay Learning & Lifestyle Weekly Program



July 2024

NDVR
Endeavour
Foundation

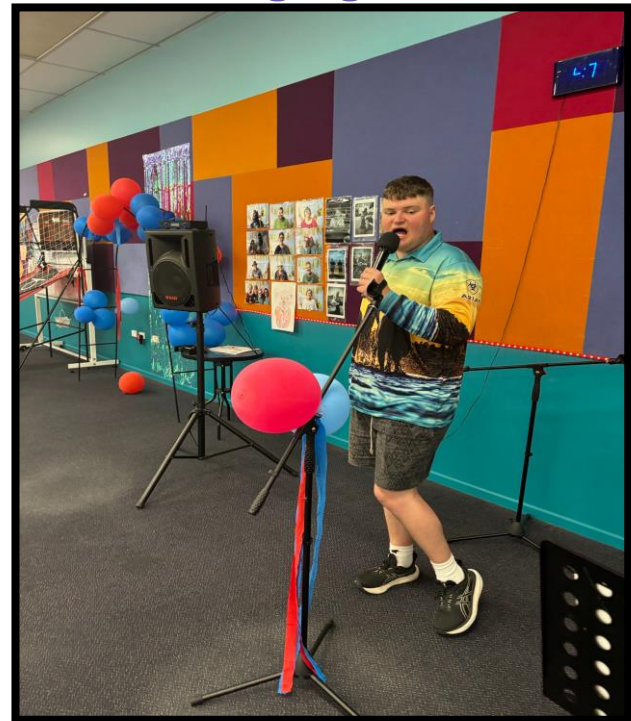
Price guide for Learning and Lifestyle activities – NDIS funding

Based on group activities in a centre, community, weeknights and weekends.

- Group base weekdays in a centre – ratio 1:3
- One on one funding – ratio 1:1
- Group base Saturday's – ratio 1:3
- One on one Saturday's – ratio 1:1
- Group base evenings – ratio 1:3

Note: All prices under CORE funding. Some prices can differ when the category falls under CAPACITY BUILDING but are in line with the NDIA funding price guide.

Dean singing karaoke



Monday

Morning Activities – Wii set up with bowling prior to 9am
Morning Stretch 9am-9:15am

9.15am
to
12.00pm
Maryborough

Music in the Park
ANZAC Park
(May be in center
weather depending)



Support ratio 1:3

Mens Shed
Week 1



\$40 yearly insurance/ \$2
p/w
Support ratio 1:3

Volunteering
Week 2

The **FOODBASKET**

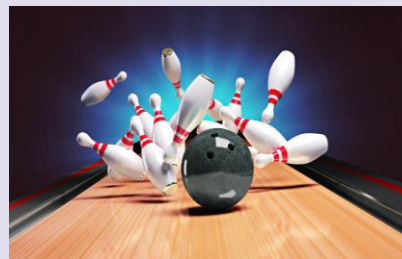
Support ratio 1:3

Lunch Break 12.00pm-12.30pm

Post lunch break activities 12.30pm-1.00pm

1:00pm
to
3:00pm
Hervey Bay

Bowling



\$10.00 p/w
Support ratio 1:3

Any 1:1 support can be catered for
also

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Tuesday

Morning Activities – Wii set up with bowling prior to 9am
Morning Stretch 9am-9:15am

9.15am
to
12.00pm
Hervey Bay

Baking Week 1



\$10.00 p/w
Support ratio 1:3

RSL Board Games Week 2



Drink at own cost
Support ratio 1:3

Any 1:1 support can be catered for also



Lunch Break 12.00pm-12.30pm

Post lunch break activities 12.30pm-1.00pm

1.00pm
to
3.00pm
Hervey Bay

Craft: Creating a Vision Board



1:3 Support Ratio

Any 1:1 support can be catered for also

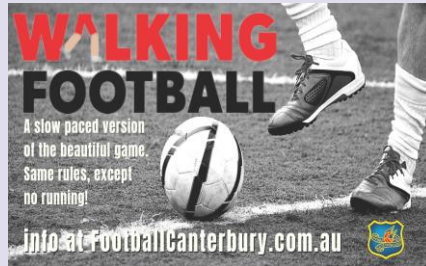


Wednesday

Morning Activities – Wii set up with bowling prior to 9am
Morning Stretch 9am-9:15am

9.15am
to
12.00pm
Hervey Bay

Walking Football at the
sports precinct
Week 1



\$10 p/w
Support ratio 1:3

Gardening at Botanic
Gardens
Week 2



Support Ratio

Any 1:1
support can be
catered for
also

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\$5 BBQ Lunch at the park across from Beach House 12.00pm-1:00pm

Post lunch break activities 1pm-3pm

1.00pm
to
3.00pm
Hervey Bay

Interactive Whiteboard
Trivia and Games



Support ratio 1:3

Any 1:1 support can be catered
for also

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Support ratio 1:3

Thursday

Morning Activities – Wii set up with bowling prior to 9am
Morning Stretch 9am-9:15am

9.15am to
12.00pm
Maryborough
/Hervey Bay

Womens Shed



\$40 yearly insurance/ \$10
p/w
Support ratio 1:3

WODFIT
Fitness



\$10 p/w
Support ratio 1:3

Chatterbox
9am-11:30am



Gold Coin p/w
Support ratio 1:3

Lunch Break 12.00pm-12.30pm

Post lunch break activities 12.30pm-1.00pm

1.00pm
to
3.00pm

Ladies Social Club



Support ratio 1:3

Men's Social Club



Support ratio 1:3
(Customer pays for any
drinks)

In Centre Activities: Customer
Choice



Support ratio 1:3

Friday

Morning Activities – Wii set up with bowling prior to 9am and Morning Stretch

9.15am to
12.00pm
Hervey Bay

Painting



Support ratio 1:3

Lunch Preparation: Cooking Lunch Included



\$10.00 p/w
Support ratio 1:3

Any 1:1 support
can be catered for
also

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Lunch Break 12.00pm-12.30pm

Post lunch break activities 12.30pm-1.00pm

1.00pm
to
3.00pm
Hervey Bay

Movies and Popcorn in center



Support ratio 1:3

Monthly Friday Day Trips As organized by events committee



\$TBC
Support ratio 1:3

Any 1:1 support can
be catered for also

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Planned Day Trips Weather permitting and pending approvals

- April –

Splitters Farm \$27

- May –

Fraser Coast Show \$21 entry, personal spending required.

- June –

Australia Zoo \$47 entry

- July –

Snakes Down Under \$22 entry

- August –

Tinan Berries Childers \$20

- September –

Splitters Farm \$27

- October –

Mini Golf Day \$15 plus lunch


- November –

K'gari Day Trip lunch included along with barge \$99

- December

Christmas Party

Expression of interest forms will be sent out once more details are available. Mileage will be charged out of core funding as usual for use of service vehicle split between all people travelling



Program Outlines

Activity	Description	Outcome
Kitchen Skills	<p>Customers will participate in a range of practical activities to prepare simple lunch meals. Meals Include; Ham & Pineapple Muffin Pizza, Buffalo cheese salad, BLT sandwich, Ham & Egg salad, Cheese dog, Hummus & Vegetable sandwich, Egg salad sandwich and many more. Recipes vary from Lunch meal prep to Dinner meal prep <i>Workbook available</i></p>	<ul style="list-style-type: none"> • Use a range of tools and equipment to prepare food • Demonstrate hygienic and safe practices in the kitchen • Select, handle and preparation of food when making basic breakfast meals • Complete a shopping list of items required to prepare each meal • Demonstrate basic literacy & numeracy skills.
Pottery and Mosaic	<p>Learn a variety of techniques that are required for the completion of pottery and mosaics. <i>Workbook available</i></p>	<ul style="list-style-type: none"> • Discuss qualities of artwork such as subject matter & techniques • Recognise that artists create artworks for different purposes • Make art projects by assembling materials in a variety of ways • Experiment with a range of media in selected forms • Communicate their ideas about pictures and other kinds of artworks
Computer Skills (New News)	<p>In this module customers will learn the basic functions of a computer as well as the ergonomic considerations when working at a computer. Functions include; Opening and closing the program, saving and printing, applying and changing font size, style & colour, inserting and resizing graphics and adding a page boarder. Levels increase as you learn. <i>Workbook available.</i></p>	<ul style="list-style-type: none"> • Use safe work practices to ensure ergonomic and work organisation requirements are met • Explore the functions and features of a computer • Identify document purpose, audience and presentation requirements • Format documents using appropriate software functions to adjust layout • Send emails and learn about internet safety. • Demonstrate basic literacy skills.
Barista Training and coffee Shop	<p>In this module customers will look at the origins of coffee beans and the popularity of coffee all over the world. Students will explore and participate in all the steps required to become a successful Barista. Working also in an operating coffee shop. <i>Workbook available.</i></p>	<ul style="list-style-type: none"> • Discuss the roles of a Barista • Explore the origin of coffee and the difference between Arabica and Robusta beans • Investigate the bean harvesting and processing methods • Discuss work-area hazards and work hygiene practices • Explore and demonstrate the coffee making process including; grinding, packing, tamping and extracting. And work in the coffee shop. • Analyse and discuss the difference between good & bad coffee • Discuss and demonstrate milk tamping and the various milk options currently available

Modules – categorised under key learning areas



- Meal prep breakfast
- Meal prep lunch
- First aid basics
- Banking ATM
- Pedestrian safety
- Bus safety
- Dental hygiene
- Relationships
- Domestic Skills – house keeping
- Domestic Skills – folding clothes
- Money & Budgeting 1-3
- Goal Setting 1,2
- Behind the news
- Weather 1,2
- Personal Relationships
- Waste Management



- Orientation & Safety
- Supported Employee Induction
- Deliver a Service to a Customer
- Work Readiness1
- Safe Food Practices
- Barista Training



- Woodwork 1



- Baking – Pastry
- Baking – Cakes
- Craft
- Art



- Health Choices
- Healthy Mind



- Photography iPad
- Produce simple word processing documents
- Robotics
- 3D Printing
- iPad Basics



- Comprehension 1-7
- Writing 1-6
- Talking & Listening 1-8
- Spelling 1-4
- Numeracy Basics 1
- Numeracy 0.1 – 0.3
- Numeracy 1.1 – 1.3
- Numeracy 2.1 – 2.4
- Numeracy 3.1 – 3.4



- Gardening
- Science Experiments 1,2

Hope this has assisted you!

Please call Rachelle Higginson on 0456 892 431
or email Rachelle.Higginson@endeavour.com.au
for any inquiries.

Look forward to hearing from you to discuss support options

