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Name:	Monday	Tuesday	Wednesday	Thursday	Friday	
10AM-12PM	Mowing and gardening maintenance   Maintain the yard of the L&L by mowing, weeding and whipper snipping. As well as planting new plants and flowers	Relationships EFI Morning Tea (\$5.00)  Join the worksite crew for morning tea and catch up with old friends.	Community engagement/Events  Engage with different parts of the community in a unique way and create a greater sense of community within the L&L	local updates, events & news   discuss what is going in the community with peers and stay up to date with local events.	Art Harlaxton community group (Gold coin donation)  Participants will enjoy social engagement in the community	
	Disability Dance (\$9.00)  Local dance studio comes to site and runs a dance program.	Fit Lab Gym session (\$5.00)  Join in on one of fit labs fitness classes run by a personal trainer at Fit Lab gym.	Sports   Participants will play different sports, from team sports to general ball games	Animal Safari, Photography  Participants will explore local parks and take photos of wildlife. Once back at the L&L they will research the animal and plant	Car Buddy program  Learn the basic of vehicle care and maintenance, from fuelling to cleaning and much more	
	Cooking Healthy Habits (\$7.00)  From budgeting and purchasing the ingredient to prepping and cooking a healthy lunch.	Cooking Healthy Habits (\$7.00)  From budgeting and purchasing the ingredient to prepping and cooking a healthy lunch.	Thrive living independently  Learning how to live independently from health to money to cooking, washing.	Morning with the Stars Fortnightly free  Participant will engage with members of their community and enjoy music performances.	Thrive living independently  Participants will learn writing and numeracy skills	
			Great Adventures   Exploring new and exciting destinations in the Darling Downs area. Four larger trips a year.	 Participant will access their community and have a meal with their peers		
	1PM-3PM	Science (\$5.00 a month)  Participate in a range of science experiments, develop fine motor skills.	Ten Pin Bowling (\$10.00)  Bowling at Sun Set Super bowl/ or Bazinga	Exploring new and exciting destinations in the Darling Downs area. Four larger trips a year.	Mixology  Engage in making 'fancy' drinks with peers. From barista coffee to tropical fruity drinks/punch. <i>(With a large focus on healthy alternatives)</i>	Swimming (\$4.00)   Swimming at Ballie Henderson.
		Computers/VR/3D   Learn how to use a computer, VR, and 3D send emails to your friends and family.	Sign Language (\$5.00)  A qualified trainer comes to site and runs a sign language course.		Health and Social wellbeing   Learn how to be healthy in body and mind. Engage in activities that teach social skills, mental health practices and general health	Pub games   Visit local pubs and engage in classic pub games like pool, darts, shuffleboard etc.
Bingo/ Board Games  Participants will play different games and win prizes		Computer/VR/3D  Learn how to use a computer, VR, and 3D send emails to your friends and family.	Story telling/Newsletter writing   Read and write stories with peers as well as creating monthly newsletters for the centre.		Art (\$5.00)  Participants will create and make artworks	

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Hi All,

The team at L&L have put together new programs from January to June 2025. These new programs will start on Monday 3rd of February.

The planner has activities highlighted in yellow that the participant has chosen with the help of the team and their NDIS goals as guidance. We highly encourage and welcome you to make changes to the activities on the planner if you wish to do so due to funding. This planner will commence on the 3rd of February, if you wish to change or discuss other activity options please do so before the 3rd of February.

Also, please note with the new invoicing EMS system (Promaster) all our programs are now invoiced. If you wish to not use the EMS system, please contact either Leam Monagle or Katie Hortin.

For any follow up questions regarding the new invoice system, you can reach out to EMS@endeavour.com.au .

Looking forward to a great first half of the year.

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