


























# Endeavour Foundation - Gladstone Learning & Lifestyle

Program: April 8<sup>th</sup> – June 28<sup>th</sup> - Phone 4971 7707

Program: April 8 <sup>th</sup> – June 28 <sup>th</sup> - Phone 4971 7707						
	Monday	Tuesday	Wednesday	Thursday	Friday	
8.30-9.30	Morning tea Outing Week 1- \$10 Buy drink Week 2 - \$2		Café Open - Wednesdays 8.30am -10am - \$2 donation	Purchase drink - Community		
Session 1 9.30-12.00pm	  <b>Woodwork \$2</b>   <b>Gym</b> Bring a change of clothes	  <b>Café Baking/Shopping \$3</b> Delicious treats to take home and enjoy at the Café    <b>Gladstone PAWS Collections /Recycling</b> -Collect from donation bins -Dispense any donations -Take cans to recycling station, sort cans	 <b>Café - Barista Training Let's make coffee! \$2</b> 8.30am-10.00am   <b>Café Clean up</b>    <b>Craft (10am-12pm) \$2.00</b>	 <b>Lunch Cooking \$5</b> Wk 1:Curried Saus & Rice Wk 2 :Chick,Veg & White Sc. Wk 3:Chick Pesto Pasta Wk 4 :Chick Fajitas Wk 5 :Sheppards Pie Wk 6:Chic & Leek Lasagna Wk 7 :Spag & Meatballs Wk 8 :Rissoles, Gravy & Mash Wk 9: Chic Parmi & Salad Wk 10: Beef Burgers Wk 11: Burrito Bowls Wk 12: Baked Potato   <b>Gym</b> Bring a change of clothes	 <b>Technology (Thrive) or Customer Meeting</b>   <b>Shopping</b>	
	<b>Anzac day 25<sup>th</sup> April</b>  <b>Boyne Tannum Hookup - 1<sup>st</sup> Weekend May.</b>					<b>WEEK 1</b>  <b>BBQ \$6.00</b> <b>BBQ</b> -What will we have today?
12pm-12.45	Lunch	Lunch	Lunch	Lunch		
Session 2 12.45-2.45pm	 <b>Photography - Ipad Technology</b> -Computers -3D Printing -VR -Robotics  <b>Week 2 -Buy a drink – in Centre/ community \$2</b>   <b>Gardening</b> -Watering -Weeding -Mulching -Planting	 <b>Financial Literacy Thrive</b>   <b>Music Appreciation</b> Wk 1 – Madonna Wk 2 – Buddy Holly Wk 3 – Halestorm Wk 4 – Savage Garden Wk 5 – Five Wk 6 – Destiny's child Wk 7 – Jessica Mauboy Wk 8 – Guy Sebastian Wk 9 – Shannon Noll Wk 10 – Nickleback Wk 11 – Bee Gees Wk 12 – Jonas Bro.   <b>Evening Cooking session \$10</b> 3.30pm-6.30pm	  <b>Dancing/ Yoga/ Fitness Games</b> -Indoor bowling -Tennis -Badminton -Go to the park for basketball or soccer   <b>Gardening</b> - Watering - Weeding - Mulching - Planting	 <b>Woodwork \$2</b> Safety first   <b>Lantern Making LuminART</b> Making lanterns to enter in LuminART awards at Luminous 18 <sup>th</sup> -20 <sup>th</sup> July   <b>Evening Cooking session \$10</b> 3.30pm-6.30pm	 <b>Gardening</b> <b>Prepare Garden for weekend.</b>   <b>Leisure Activities</b> - Craft - Games - Sports	
	2.45-3pm	Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick up

Please refer to the icons legend on the following page



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day to day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, Community Engagement supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Information, Communication and Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends, and directs people to make right choices when it comes to a person's health and lifestyle activities.



Getting out - or staying in - having fun, making connections and simply doing what makes you happy is what Leisure, Adventure and Recreation is all about. Leisure, Adventure and Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications in order to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behavior when in the workplace.



Passion Projects is all about doing what you're passionate about! It could be skill development, or launching your own online business, or simply exploring a creative outlet. If it makes you smile; if you lose track of time doing it, then this is what passion projects is all about.



The importance of nature – whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, means that people are able to touch, taste, smell, hear and see those things which make up the world. It might mean conducting experiments to see how things work, or taking time out to literally smell the roses.



This support allows the person to identify specific types of supports required, and, if available, provide those supports on an individual basis. This might mean extra focus on Foundation Skills, or Community Engagement, or an area that isn't captured in a person's Pathway profile.